



Overall Positions (All Finishers)

Position	Time	Full Name	Affiliation	Race Number	Category
1	00:57:03	John Mansfield	Tewkesbury AC	195	M
2	00:57:59	Tim Iveson	Builth and District Runners	253	M
3	00:58:59	John Pullen	Wye Valley Runners	187	M45
4	00:59:13	Mike Pfeiffer	Builth and District Runners	196	M45
5	00:59:23	Luke Mason	Wye Valley Runners	140	M
6	01:00:02	Daryll Barnby	Fairwater Runners	170	M
7	01:00:43	Scott Kennedy	Wye Valley Runners	46	M
8	01:02:10	Adrian Woods	Pontypool Runners	244	M50
9	01:02:14	Gareth Rees	Pontypool Runners	142	M
10	01:02:40	Andrew Davies	Croft Ambrey	89	MJ
11	01:03:34	Mike Fawcett	Wye Valley Runners	216	M45
12	01:04:45	Andy Fidrmuc		173	M
13	01:04:53	Glyn Williams	Croft Ambrey	148	M40
14	01:05:21	James Dobbing	Forest of Dean AC	144	M
15	01:05:25	Alan Lewis	Wye Valley Runners	198	M40
16	01:05:25	Elliot Taylor	Hereford Couriers	193	M
17	01:05:30	David George	Croft Ambrey	182	M40
18	01:05:44	Robet Grice	Hereford Triathlon Club	80	M45
19	01:05:59	Mark Matthews	Forest of Dean AC	157	M40
20	01:06:16	Mick Ligema	Croft Ambrey	76	M55
21	01:06:19	Dimtri Vorres	Pontypool Runners	215	M50
22	01:06:24	Jonny Williams	Hereford Triathlon Club	223	M
23	01:06:25	David Willams	Hereford Couriers	237	M50
24	01:06:26	Steven RUXTON	Army Athletics Assocoiation	56	M45
25	01:06:30	Greg Weale	Wye Valley Runners	167	M
26	01:06:52	Martin Carter	Hay Hotfooters	4	M45
27	01:07:21	Neil Powell	Croft Ambrey	17	M40
28	01:07:45	Steven Pritchard		176	M40
29	01:08:06	Dan Phillips	Wye Valley Runners	225	M
30	01:08:14	Daniel Ayers	Aldershot And Farnham District	128	MJ
31	01:08:16	Michael Helme		137	M

Position	Time	Full Name	Affiliation	Race Number	Category
32	01:08:19	Nikki Morgan	Chepstow Harriers	166	F45
33	01:08:19	William Morris		21	M
34	01:08:30	Jim Darling	Almost Athletes	73	M
35	01:08:37	Rhys Phillips		136	MJ
36	01:08:38	Phil Thomas		54	M40
37	01:08:52	Matt Hudson		32	M
38	01:09:47	Robert Llewelyn	Croft Ambrey	164	M
39	01:10:07	David Rouse	Croft Ambrey	229	M
40	01:10:37	Lou Davies	Mynydd Du	241	F40
41	01:10:39	Kevin Artus	Wye Valley Runners	64	M
42	01:10:48	Steve Mesham		55	M40
43	01:11:00	Steven Flowers	Wye Valley Runners	238	M
44	01:11:19	Martin Williams	Croft Ambrey	20	M45
45	01:11:20	Ashley Nakorniak		206	M
46	01:11:25	Steve Littlewood	Hereford Couriers	149	M60
47	01:11:47	Jamie Griffiths	Wye Valley Runners	72	M
48	01:11:58	Alex Pascoe		130	M
49	01:12:04	Keith Ramone		19	M40
50	01:12:07	Hedd Jones	Wye Valley Runners	200	M
51	01:12:15	Rebecca Davies	Wye Valley Runners	70	F
52	01:12:56	Pete Townsend		251	M50
53	01:13:02	John Lyden	Ludlow Runners	194	M50
54	01:13:03	Huw Hanson		43	M
55	01:13:22	Richard Bowie	Fairwater Runners	169	M50
56	01:13:42	Matt Allen	RAF Tri	152	M
57	01:13:59	Matt Taylor	Wye Valley Runners	190	M
58	01:14:11	Andrew Dickens	Pontypool Runners	242	M40
59	01:14:14	Marcus Billic	Hereford Triathlon Club	211	M
60	01:14:16	Tom Donaldson	HSF Performance Training	219	M
61	01:14:17	Stewart Dewar		250	M40
62	01:14:17	Daneen Hughes	Wye Valley Runners	179	F
63	01:14:24	Craig Rees	Wye Valley Runners	81	M
64	01:14:37	Jon Briggs	Croft Ambrey	68	M40

Position	Time	Full Name	Affiliation	Race Number	Category
65	01:14:53	Paul Price	Croft Ambrey	33	M
66	01:14:55	james White		184	M
67	01:14:55	Mark Worthing		183	M40
68	01:15:04	Paul Mason	Tewkesbury AC	227	M50
69	01:15:09	Mike Shaw	Wye Valley Runners	205	M60
70	01:15:10	Frank Luscott	Croft Ambrey	163	M55
71	01:15:11	Jane Smith	Grange Farm & Dunmow Runner	6	F40
72	01:15:20	Laura tootell	Wye Valley Runners	102	F35
73	01:15:23	Richard Gilbert	Almost Athletes	209	M55
74	01:15:24	Anne Dobson	Hereford Triathlon Club	178	F35
75	01:15:25	Adrian Gwilliam	Fairwater Runners	171	M45
76	01:15:35	Nathan Friar-Jones		228	M
77	01:15:41	Dennis Clarke	Cocksmoor Woods	139	M50
78	01:16:02	Ben Botwright		117	M
79	01:16:03	Andrew Smith	Braintree Athletic Club	5	M45
80	01:16:04	lea wood	Wye Valley Runners	197	M
81	01:16:05	Stewart Thomson	Pontypool Runners	239	M50
82	01:16:24	Christian Howells		28	M
83	01:16:40	Graeme MacGregor		262	M50
84	01:16:44	Paul Grainger Jones	Pontypool Runners	146	M40
85	01:16:46	Lawie Carter	Chepstow Harriers	213	M55
86	01:16:55	Niel Kirk	Kiddersminster and Stourport At	35	M40
87	01:16:59	Nikki Tyler	Wye Valley Runners	155	F40
88	01:17:16	Marc Bingham	Malvern Joggers	7	M
89	01:17:28	Mark Wrathall		85	M
90	01:17:42	Andrew Chamberlain	Wye Valley Runners	174	M
91	01:17:45	Chris James		226	M
92	01:18:00	Richard Dawe		86	M
93	01:18:09	Chris Stanners	Hereford Triathlon Club	192	M45
94	01:18:23	Kenneth NORGATE	Wye Valley Runners	59	M45
95	01:18:31	Dunstan Lawrence		115	M
96	01:18:34	Tom Davies	Croft Ambrey	233	M60
97	01:19:07	Carl Flint	Malvern Joggers	121	M55

Position	Time	Full Name	Affiliation	Race Number	Category
98	01:19:17	John Maddy	Wye Valley Runners	246	M45
99	01:19:30	Ralph Lloyd	Wye Valley Runners	45	M50
100	01:19:39	Chris Head	Wye Valley Runners	47	M
101	01:19:52	Antony Evans	Wye Valley Runners	189	M
102	01:19:55	Adrian Jones		204	M60
103	01:20:05	Michael smallwood		113	M45
104	01:20:12	Dave Wilson		203	M
105	01:20:17	Chris Mason	Wye Valley Runners	40	M45
106	01:20:18	Dale Garner	Just Get On With It	22	M
107	01:20:18	Colin Allan	Just Get On With It	24	M50
108	01:20:26	Andrew Blackman	Wye Valley Runners	61	M55
109	01:20:28	Graham Webb		77	M
110	01:20:47	John Short	Shropshire Shufflers	16	M50
111	01:21:05	Jo Marriott	Croft Ambrey	42	F45
112	01:21:20	Michael Evans	Chepstow Harriers	232	M55
113	01:21:31	Charles Mills		202	M
114	01:21:44	Scott Baddeley	Wye Valley Runners	88	M40
115	01:21:54	Jon Hodges		75	M50
116	01:22:06	Julie Roache	Fairwater Runners	168	M45
117	01:22:09	Dax Godderidge	Just Get On With It	108	M40
118	01:22:17	Steve Macklin		53	M40
119	01:22:20	Sharon Woods	Mynydd Du	243	F50
120	01:22:27	Andrew Banham	Malvern Joggers	97	M
121	01:22:34	Paul Blagbrough		159	M45
122	01:22:37	Richard Watkins		254	M40
123	01:22:39	Martin Adams		231	M50
124	01:23:01	Rita Tomkins	Presteigne Pacers	207	F50
125	01:23:21	Thomas Dable	Kenilworth Runners	235	M65
126	01:23:25	Andy Ware		212	M45
127	01:23:26	Angela Price	Hay Hotfooters	221	F40
128	01:23:31	Sally Broatch		161	F40
129	01:23:53	Lynne COMPTON	Wye Valley Runners	60	F45
130	01:23:56	Pascal Dolan	Malvern Joggers	67	M50

Position	Time	Full Name	Affiliation	Race Number	Category
131	01:24:07	Emma Benjamin		11	F35
132	01:24:18	Brian Davies	Croft Ambrey	258	M65
133	01:24:23	Lisa Hughes	Cocksmoor Woods	138	F
134	01:24:28	Maria Miles	Wye Valley Runners	107	F35
135	01:24:31	Ben Toon	Malvern Joggers	93	M
136	01:24:34	Andrew Butcher		133	M40
137	01:24:41	Malcolm Russell		208	M40
138	01:24:43	Sean Knill		185	M
139	01:24:48	Michael Hackman	Wye Valley Runners	74	M40
140	01:24:54	Jimmy Richards		92	M
141	01:25:01	Julie Caseley	Malvern Joggers	2	F50
142	01:25:11	Christopher Weale		37	M
143	01:25:23	Dana Machackova	Wye Valley Runners	63	F
144	01:25:34	Stuart Duncan	Chepstow Harriers	127	M50
145	01:25:53	Duncan Creswell	Ledbury and District Harriers	8	M
146	01:25:57	Cody Foster	HSF Performance Training	188	M
147	01:25:58	Andy Wilson	FERC -Fetch Everyone	245	M40
148	01:25:59	Mark Stenhouse		248	M45
149	01:26:03	Jane PUGH	Action Heart	95	F45
150	01:26:04	Stuart Kramer	Spirit of Monmouth	41	M45
151	01:26:44	Alastair Mansell		172	M
152	01:26:47	Jan Edwards	Wye Valley Runners	154	M55
153	01:26:47	Lisel Walker		260	F40
154	01:27:05	Justyn Smith		259	M40
155	01:27:05	Steve Wheale		132	M
156	01:27:09	Andrew Briscoe		82	M45
157	01:27:24	Graham James	FODAC	156	M50
158	01:27:35	Steve Roode	Malvern Joggers	91	M45
159	01:27:35	James Round		181	M
160	01:27:37	Calum Briggs		123	M
161	01:28:01	Helena Moore		106	F
162	01:28:02	Laura Harris		162	F
163	01:28:07	Jason Davies		256	M40

Position	Time	Full Name	Affiliation	Race Number	Category
164	01:28:19	Paul Lewis		143	M40
165	01:28:21	George Henderson		199	M60
166	01:28:21	John Price	Hay Hotfooters	220	M55
167	01:28:32	Lisa Evans	Spirit of Monmouth	66	F35
168	01:28:43	Darin Truluck		26	M
169	01:28:48	Joanne Mann	Hereford Triathlon Club	13	F40
170	01:28:55	Denise Evans	Chepstow Harriers	230	F45
171	01:28:56	George Goodfellow		134	M
172	01:29:09	John Bryan	Malvern Joggers	10	M
173	01:29:14	Joel Goodson		135	MJ
174	01:29:14	Lesley Chamberlain	Wye Valley Runners	175	M60
175	01:29:35	Brian Symonds	Wye Valley Runners	153	M65
176	01:29:35	Tony Milne		48	M45
177	01:29:55	Emily Davies	Wye Valley Runners	147	F
178	01:30:08	Chris Jolley	Malvern Joggers	222	M55
179	01:30:38	Scott Garner	Just Get On With It	257	M
180	01:31:20	Esme Doyle	Spirit of Monmouth	118	F45
181	01:31:22	Trevor Matty	Malvern Joggers	14	M45
182	01:31:48	Karen Webb		180	F35
183	01:31:51	Margaret Godderidge	Just Get On With It	109	F40
184	01:31:54	Glenn Norton	Just Get On With It	23	M40
185	01:32:23	Andrew Round		186	M45
186	01:32:37	Michael Anstey	Malvern Joggers	100	M55
187	01:32:47	Fabio Michell		151	M
188	01:32:55	Roger Peacock		131	M50
189	01:32:59	rachel jones	Hay Hotfooters	3	F40
190	01:33:57	Jennifer Jones	Ledbury and District Harriers	39	F45
191	01:34:07	Steve Prior	Spirit of Monmouth	119	M60
192	01:34:25	Bex Gore	HSF Performance Training	218	F
193	01:34:56	George Classick		255	MJ
194	01:35:07	Mark Classick		214	M50
195	01:35:09	Emma Bowen		99	F50
196	01:35:27	Lynda Broadway	Malvern Joggers	101	F45

Position	Time	Full Name	Affiliation	Race Number	Category
197	01:36:11	Jodie Taylor		30	F
198	01:36:32	Tristan Jones		145	M
199	01:36:43	Jo Moore		105	Mj
200	01:36:50	Julian Parry		247	M45
201	01:37:02	Nick Martin		261	M50
202	01:37:08	Fiona Milne		49	F45
203	01:37:12	Katie Jenkins	Leasown Leapers	94	F
204	01:37:17	Ben Marsh	Croft Ambrey	50	M
205	01:38:18	Neil Humpage	Malvern Joggers	25	M45
206	01:38:31	Don Lovejoy	Ludlow Runners	36	M60
207	01:38:52	George Harrison	Ledbury and District Harriers	38	M40
208	01:38:57	Paul Holder	Cocksmoor Woods	236	M50
209	01:38:58	Paul HARRIS		44	M
210	01:39:01	Hannah Bird	Leasown Leapers	112	F
211	01:39:13	Ben Kinnaird		116	M
212	01:40:19	Pauline Dable	Kenilworth Runners	234	F55
213	01:40:30	Leeanne Marwick		18	F
214	01:40:32	harry Franklin	Wye Valley Runners	141	M65
215	01:40:40	Sarah Petts		83	F40
216	01:40:43	David Hammond		150	M45
217	01:40:44	Kelly Murray		69	F
218	01:42:10	Jess Thomas	Leasown Leapers	96	F
219	01:42:20	Penny-Jo Wilson	Leasown Leapers	90	F
220	01:42:20	Sarah Norman		210	F35
221	01:42:25	Serena Crump		201	F
222	01:42:39	Laurel Oliver		65	F45
223	01:43:07	Lucy Short		120	F
224	01:43:12	Sara Short	Shropshire Shufflers	15	F50
225	01:43:12	Andrew Moore	Wye Valley Runners	57	M45
226	01:44:07	Rachael Walshe		129	F
227	01:44:47	Matt Petts		84	M40
228	01:45:40	Alice Baron	Leasown Leapers	87	F
229	01:45:40	Gerald Carlton		191	M50

Position	Time	Full Name	Affiliation	Race Number	Category
230	01:46:44	Eleanor Harrison		9	F
231	01:48:02	Mark Preece		217	M40
232	01:49:20	Mary Kenyon		31	F40
233	01:49:30	Laurence Jame		224	M40
234	01:49:30	Amanda Cox		126	F
235	01:49:41	Charmaine Smith		177	F35
236	01:49:47	Darren Owens		104	M45
237	01:50:35	David George		252	M40
238	01:50:43	Jayne Cresswell	Malvern Joggers	103	F40
239	01:50:44	Diane Pritchard	Hay Hotfooters	12	F45
240	01:50:45	Shaun Russell		249	M50
241	01:51:11	Kate Owen		52	F35
242	01:51:11	Mark Stevenson		240	M
243	01:52:37	Clair Chapman		158	F
244	01:58:05	Michelle Longson		160	F
245	02:04:44	Jade Rawston		124	FJ
246	02:18:01	Louisa Rawstron		125	F35
247	02:44:00	Emma Barnes		98	F
248	02:44:00	Anna Gittins		165	F35

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